

# **Kyu-grade requirements for juniors**

Approved 11.12.2019

### 8. kyu, 3 yellow tags

I yellow tag 10 days of practice since starting

dojo etiquette Taisabaki: tenkan Ukemi: mae, ushiro

Tachiwaza

Aihanmi katatedori ikkyo omote

Il yellow tags 10 days of practice since obtaining I yellow tag

Taino-tenkan-ho Kamae: tandoku, sotai Taisabaki: irimi-tenkan

Tachiwaza

Aihanmi katatedori ikkyo ura

Gyakuhanmi katatedori shihonage omote

III yellow tags 10 days of practice since obtaining II yellow tags

Ikkyo-undo

Shomen-uchi (towards a partner)

Tachiwaza

Aihanmi katatedori iriminage

Gyakuhanmi katatedori shihonage ura

Shomen-uchi iriminage

Jiyuwaza

Aihanmi katatedori 2 techniques of free choice

#### 7. kyu, 2 orange tags

I orange tag 15 days of practice since obtaining 8.kyu

Shikko: mae, ushiro

Tachiwaza

Aihanmi katatedori nikyo omote Aihanmi katatedori kotegaeshi

Ryotedori tenchinage

Il orange tags 15 days of practice since obtaining I orange tag

Tachiwaza

Aihanmi katatedori nikyo ura

Gyakuhanmi katatedori ikkyo omote

Gyakuhanmi katatedori kokyonage

Suwariwaza

Ryotedori kokyo-ho

Jiyuwaza

Gyakuhanmi katatedori 2 techniques of free choice



#### 6. kyu, 2 green tags

**I green tag** 15 days of practice since obtaining 7.kyu

Shikko: tenkan, irimi-tenkan

Tachiwaza

Aihanmi katatedori sankyo omote, ura Aihanmi katatedori shihonage omote, ura

Gyakuhanmi katatedori ikkyo ura

Il green tags 15 days of practice since obtaining I green tag

Tobikoshi ukemi

Tachiwaza

Shomen-uchi ikkyo omote, ura

Suwariwaza

Shomen-uchi iriminage

Shomen-uchi ikkyo omote, ura

Jiyuwaza

Shomen-uchi 2 techniques of free choice

## 5. kyu, 2 blue tags

**I blue tag** 20 days of practice since obtaining 6.kyu

Ukemi (striking the tatami)

Tachiwaza

Gyakuhanmi katatedori nikyo omote, ura

Gyakuhanmi katatedori iriminage

Katadori nikyo omote, ura

Katadori iriminage

Il blue tags 20 days of practice since obtaining I blue tag

Tachiwaza

Gyakuhanmi katatedori kokyonage

Shomen-uchi nikyo omote, ura

Shomen-uchi kotegaeshi

Suwariwaza

Katadori ikkyo omote, ura

Jiyuwaza

Katadori 2 techniques of free choice



#### 4. kyu, 2 brown tags

I brown tag 20 days of practice since obtaining 5.kyu Yokomen-uchi (towards a partner) *Tachiwaza*Gyakuhanmi katatedori kokyonage, 2 different kinds Gyakuhanmi katatedori sankyo Shomen-uchi sankyo omote, ura Yokomen-uchi iriminage

Il brown tags 20 days of practice since obtaining I brown tag Kotegaeshi ukemi *Tachiwaza*Gyakuhanmi katatedori kotegaeshi Yokomen-uchi shihonage omote, ura Yokomen-uchi 2 techniques of free choice *Suwariwaza*Shomen-uchi nikyo omote, ura *Jiyuwaza*Gyakuhanmi katatedori

The junior kyu grades are intended for Aikido practitioners under the age of 13. Practitioners aged 13-15 can also achieve junior kyu grades if decided by the club. Junior kyu grades should be registered within the clubs, and Suomisport can be used for this purpose. Colored tags attached to both ends of the belt serve as markers for the completed belt grade. Aikido Federation diplomas are awarded for full kyu grades.

When a junior transitions to adult practices, the transition should be as motivating and appropriate as possible. Club instructors should consider on a case-by-case basis what solution is most suitable for each junior.

As a general rule, full junior kyu grades correspond to adult kyu grades. For example, if a junior has completed the entire 5th kyu for juniors (two blue tags), they can next attempt the adult 4th kyu if the instructor deems it appropriate. If a junior has only completed the first blue tag, they can attempt the adult 5th kyu next. If needed, a junior can also start attempting adult belt tests from the same grade they already have in juniors. In this case, for example, a junior who has achieved the 4th kyu in juniors would reattempt the 4th kyu belt test in adults.

Sometimes, there may be motivated juniors in the club whose junior belt grades are at risk of running out before they are old enough to transition to adult practices. In such cases, a junior who is at least 11 years old and has completed a full junior kyu grade can attempt the equivalent kyu grade as an adult belt test, registered with the federation. The condition for attempting the belt grade is an assessment by the junior's coach and the recipient of the grading regarding the junior's sufficient mental and physical maturity. Additionally, the condition for registering the belt grade with the federation is the purchase of an adult Aikido pass and payment of the grading fee defined by the federation.

During the adult belt grade test, the technique is assessed according to the adult requirements, and the grading recipient must have the Aikido Federation's approved authority to conduct the grading for the specific belt grade.